

BLOOD DRIVE

Once again NCSDA Church will be the location for a Blood Drive. Please note the date, Sabbath, April 24. Our parking lot will be the site for a community Blood Drive. Please call Vicki Jacobs now to set your appointment to give blood on that day. Her number is 421-2433. She also needs 2 volunteers to help her that day.

NEW BABIES

Baby Madaline Grace born January 15, 2010 to proud parents Larry & Katy Paise. Madaline weighed in at 7 lbs 8 ozs and measured 20 inches from head to toe.

Baby James Dean born January 30, 2010 to proud parents Larry & Shannon Halls and delighted big sister Cassidee. JD weighed in at 8 lbs 10ozs and measured 20.5 inches from stem to stern.

Baby Brody Charles born February 5, 2010 to proud parents Chris & Vonni-Jo Webb and delighted big sister Maddisyn. Brody weighed in at 7 lbs 4ozs and was 20 inches long from top to bottom.

ICE SKATING

Enjoy the spirit of the Winter Olympics!! You can work on your speed skating, figure skating or hockey skating skills (maybe you will be ready for Sochi, Russia in 2014!) -- or just come along for some great recreation. 8:45- 10:15 pm, March 13 at the Bellingham Sportsplex. Cascade Eagle's Pathfinders will be selling tasty snacks for fundraising.



Remember in Prayer

Jan Griffone
Cancer Treatment

Jedidiah Gates
Healing for his leg

Kaarsten Lang
Recovery from Surgery

Jim Perry
Recovery from surgery. Jim needs volunteers that would be willing to stop in and check on him from time to time, if you can help with this contact the church office.

Darlene Rhine
For continued recovery

Those in the Military

Our Youth

North Cascade Seventh-day Adventist

Volume 10 Issue 7

Editor: Sherry Price

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The Trumpeter



TEACHING POSITION

Because of Lillian Jordan's decision to retire at the end of this school year, we are looking for a teacher for the 2010-2011. If you are interested or know anyone who may be interested please contact Doug White: dwhite.sas@gmail.com or Raymond van Rooyen Raymond@integragroup.com

SUNSHINE BAND

This month's outing will be February 13, 2:30 p.m. at Country Meadows Village. Come join us in adding a little sunshine to some lives.

BUTTONS NEEDED

The Adventurer Club 4th grade class is working on a Button Award. If you have any garment buttons to contribute to their collection, please call Dana Schafer (854-7919) or put some in her mailbox.

BABY SHOWER

There will be a double Baby Shower Brunch, Sunday, February 21, 11:00 a.m. in the church Fellowship Hall. The shower is for Vonnie-Jo Webb and baby Brody and Leah (Poike) Thomas who is expecting a girl. Call Lois Dietrich or Joan Smith if you wish to participate in group gifts.

SAA ACADEMY DAY

Skagit Adventist Academy
April 7th Academy Day.

We would like to invite all prospective high school students to come visit the classrooms, win scholarships, and see what it would be like to be a part of SAA. If you have names of prospective students K-12 please contact Doug White 425-985-9555.

A SENIOR MOMENT

For those of us who are 50, give or take a little, and above mark February 21 on your calendar. There will be a supper in the Fellowship Hall beginning at 4:30 p.m. and followed by a time for visiting and your input into possible future activities and events.

HAITI UPDATES

Adventist Development & Relief Agency (ADRA) continues to provide aid in Haiti through delivering tarps, distributing rice, baby food, and other food items, and helping purify water among other tasks. Please pray for the relief workers' safety. >For more reports, visit www.adra.org/haiti, follow ADRA on Facebook, and read the Haiti Story Archive at www.washingtonconference.org/haiti.

SPECIAL CHOIR

The Mount Vernon Presbyterian Church Chancel Choir would like to invite all singers to join them in the performance of Faure's Requiem, under the direction of Denice Grant.

The performance will take place on April 2, at 7:00 pm. Rehearsals are Wednesdays from 7-8 pm. Please contact Denice Grant at 360-7075909 or 206-3591209.

WOMEN'S MINISTRIES EVENTS

Pajama Party! Saturday evening, February 20, 2010 at the Youth Center from 6pm to 10 pm. There will be a light dinner, games, munchies, and a movie. There will be a drawing for free admission for one lucky lady to attend the NCSDA Women's Spring Retreat! See Flyer for more details.

WANTED

Participants for upcoming Talent Show. **Date—March 6.** Skits, silly songs, jokes and just ideas would be great.

Contact Loni Carambot (360) 757-7190 or lonicarambot@msn.com
Deadline Feb. 19.

FABULOUS VEGETARIAN COOKING—2010 Edition

Mary Margaret Eighme, R.D., Nannette Crowell, M.D., Joy Thorne and Sally Turner, R.N. are back with a sprightly selection of all new recipes, handouts galore and the freshest nutritional information.

The format is based on informal and entertaining lectures, generous samples, and fast paced cooking demonstrations. We've listened to your requests, and this year look for more fast and easy recipes your family will be sure to enjoy, and new this year, ideas for your Easter brunch or dinner.

All classes begin with a buffet dinner, serving at 5:45 P.M. This is a full dinner so don't eat before you come! The lecture and cooking demonstrations are from 6:30 to 8:30 P.M. Classes meet in the Fellowship Hall. Dates for the classes are March 8, April 12, and May 10.

Class size is limited and always fills quickly, so preregistration is essential and will be filled in the order received. Register by sending check for \$30.00, which covers the tuition, food, and handouts for all three classes as a series to: Nannette Crowell, 1625 E. Fairhaven Ave, Burlington, WA 98233.

These classes are based on a lacto-ovo diet designed to be an introduction to vegetarianism and a discussion of current nutritional research—we do not want to make too big a jump for the novice. If you are already vegan, be aware we will be using eggs and low-fat dairy products in many of our recipes.

RIDE NEEDED

Transportation to church from Mount Vernon for a single female is needed. If you can help contact Pastor Ira.

SAA MISSION TRIP

You may have received letters from students at SAA requesting financial support to go on a mission trip to Nicaragua over Spring Break in March. They will be working at an International Children's Care orphanage – pouring cement for a foundation of a warehouse & sidewalk. Each person going is required to contribute \$1300.

If you would like to support your SAA students, staff, & family members who are planning to go, please send your donation to SAA before February 25. The following people are raising funds to go on this trip:

Jimmy Jordan, Mollie Goodman, Sarah Milchenko, JoyAndra Dunlap, David Claridge (Arlington SDA member), Connor & Don Brassington, Nathan & Dave Habenicht, Nikki, Daniel, & Pastor Jesse Sacdalan (Ferndale SDA members), Karyelle Nielsen, Laura Paize, Pastor Tim Williams, Doug and Sandy White

POOL PARTY

The Eager Beavers & Adventurers Clubs invite all children ages 4 through 4th grade to a pool party on Sunday, Feb 28 from 11-1. The party will be at Arne Hanna Aquatic Center in Bellingham at 1114 Potter Street (from I-5 Northbound, exit Lakewood and continue straight ahead).

Parents are requested to stay with their children if possible. Questions, please call Becky Graves 360-733-9048.

FINANCIAL PEACE

During this life-changing course, you will learn:

To put together a monthly spending plan that really works.

The step-by-step process for getting out of debt for good.

How to set financial goals and communicate about money.

How to have more money to give to God's work. And Much More!

Feel free to invite your friends and neighbors to come too! Class Starts: Tuesday, Feb. 23, 6:30-8:30 p.m. (free childcare) At the North Cascade Seventh-day Adventist Church

**Preview & Registration:
Tuesday, Feb. 16 – 6:30 p.m.**
Questions call: Carrie & Neil Myers 421-1622



GOLF ANYONE?

SAVE THE DATE!

July 11, 2010
for the 1st annual

Dennis Carman

Memorial Golf Tournament for SAS

We need golfers, hole sponsors, and volunteers.

Any questions call 360-391-3914 or email to:

skidrick@comcast.net

