

deeper questions

*Adapted from Vanessa Van Edwards,
The Science of People*

Deeper Level 1 Questions:

- What was the **highlight** of your day?
- What's a personal **passion** project you're working on?
- Where's your **favorite** place to be these days?
- Have any **fun** plans coming up soon?
- How's [hobby/family member/project]?
(Something you know makes this person **light up**.)

Deeper Level 2 Questions:

- What's a **goal** you're working toward?
- Are you **learning** anything new lately?
- What's **weighing** on your heart or mind?
- What's the best way to resolve **conflict**?
- What's at the top of your **bucket list**?

Deeper Level 3 Questions:

- How do you feel most **misunderstood**?
- What's something most people **don't know** about you?
- Who's your **hero**?
- What things have **shaped** your personality and who you are?
- What's the **proudest** moment of your life?